1989 Women's Health Fair Documents

Commission for Women

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"Celebrating Women" Health Fair Planned

"Celebrating Women" is the theme of a free health fair to be held Wednesday, March 8, in the University Center at The University of Tennessee. Over 20 community agencies and university service organizations will have booths at the fair.

Topics include eating disorders, substance abuse and codependency, AIDS, infertility, planned parenthood, Child and Family Services, Lupus, and programs for battered women, sexual assault victims, etc. Although booths are generally geared towards women's issues, the fair is open to the public.

Sponsored by the UTK Commission for Women, the fair is part of a week-long series of events celebrating women. UT Student Health Service and Department of Health, Leisure, and Safety are cosponsors.

The health fair will be from 10 a.m. till 3 p.m. For more information, call Rosa Emory, UT Student Health Services Wellness Coordinator, at 974-3135.
February 6, 1989

Linda Burton
U.T.K. Commission for Women
2012 Lake Avenue
Knoxville, TN 37996

Dear Ms. Burton,

The Commission for Women is pleased about your interest in participating in the First Annual Women's Fair which is part of a week-long Celebration of Women.

The Fair will take place on March 8, 1989 in the University Center Ballroom from 10:00 a.m. to 3:30 p.m. You may begin to set up your display at 8:30 a.m. It would be preferable if a member of your group could be available throughout the day to provide information and answer questions. Please plan to remove your exhibit by 4:00 p.m. Fair exhibitors parking will be available in the garage for $2.00.

The Women's Fair is designed to cover the many areas that concern women today and it is particularly directed towards the UTK women students as well as the faculty and the staff. The Fair is however open to any member of the Knoxville community that may be interested. Previous Fairs have attracted somewhere between 500 and 1000 visitors.

Also enclosed is an application and a statement of the policies of the Women's Fair. Please complete this application and return by February 3, 1989. If you have any questions, please contact me at 974-3135.

We appreciate your involvement in this exciting event and we are looking forward to working with you on March 8.

Sincerely,

Rosa Emory
Women's Fair Chairperson

ibj
ENCS
"CELEBRATING WOMEN" HEALTH FAIR
POLICY

1. Exhibits should contribute to the overall goal of the "Celebrating Women" Health Fair:
   • to increase the knowledge and awareness of issues relating to women
   • to inform the UT community of women's services and resources including individuals, groups, and written materials.

2. Active interaction between participants and the exhibitors is encouraged.

3. Each exhibit should be staffed by knowledgeable recourse persons in order to answer participants' questions.

4. UT's Commission for Women should approve any hands-on testing, health assessment, or screening prior to the Fair.

5. No tobacco products are to be used while staffing an exhibit.

6. Exhibitors will provide all equipment and supplies (except tables, chairs, and dividers).

7. Exhibitors should keep their exhibit area tidy during the Fair and clean up their exhibit at the end of the Fair.

8. While consumable goods may not be sold during the Fair, professional business cards and promotional materials may be displayed by the exhibitors.

9. Participants need not disclose their names in order to receive exhibit materials or information.

10. Please complete the attached application and send it to: "Celebrating Women" Health Fair, C/O Office of Wellness, Student Health Service, 1818 Andy Holt Avenue, University of Tennessee, Knoxville, TN 37996-2800.
The Women's Health Fair Planning Committee would like to acknowledge all of the special people who contributed to the success of the fair.

With special recognition to all of the local vendors who donated prizes:
- Crouch's Florist
- Davis Kidd Bookstore
- Hawkeye's Restaurant
- Rechenbach's
- Ruby Tuesday Restaurant
- Stephano's Pizza
- UT Bookstore
- UT Food Services

With special thanks to:

- Dr. June Gorski, for her support and guidance.
- Ms. Jamesena Miller, Associate Director of Central Food Services, for the donation of refreshments.
- And, to all of the volunteers who graciously gave their time and energy to person the information and refreshment booths.

The Women's Health Fair Planning Committee
Rosa Emory, Chairperson
Gary Messer
Cynthia Nunnally
Laura Pilotto
Janet Scottbey
Julie Steele
Juli Stewart

March 8, 1989

WOMEN'S HEALTH FAIR

MARCH 8, 1989

Student Center Ballroom

Sponsored By

The Commission For Women
Department of Health, Leisure, & Safety
Student Health Services
March 8, 1989

The Commission for Women
Welcomes You
to
The Women's Health Fair

We hope that today you will enjoy this Women's Health Fair, which is part of a week-long series of events celebrating women in our society.

The principal goal at this fair is to acquaint you with various agencies and organizations that provide invaluable services to this community. We also hope to benefit you by increasing your awareness and knowledge of several health issues.

Representatives of these agencies are here today to share with you their knowledge and expertise. Please feel free to talk to them, look around, and participate in the various learning experiences.

After you have visited the booths and enjoyed the many activities, please take some time to help us by filling out the evaluation form found in the center of this booklet. To be eligible for a door prize, tear off the bottom of the evaluation form and deposit it in one of the boxes at the information booth.

You do not have to be present to win! We will notify you by phone or by mail.

Thank you for coming today!

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Wellness
Brown Bag
Seminars

12:00 Noon-1:00 P.M.
University Center • Room 202

TUESDAY
March 14, 1989
Suicide on Campus: Caring and Coping
Julie Williams, Ph.D.
UT Counseling Center

TUESDAY
April 11, 1989
The Politics of Food
Ronald B. McFadden, Ph.D.
Director, UT Educational Advancement Program

MONDAY
May 1, 1989
Juggling Workshop
John Simmering, Ph.D.
Counseling Psychologist

Refreshments Provided
For further information call 974-3135
<table>
<thead>
<tr>
<th>BOOTH NUMBER</th>
<th>ORGANIZATION NAME</th>
<th>PURPOSE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Knoxville Volunteer Emergency Rescue Squad</td>
<td>Display of specialized rescue equipment and use</td>
</tr>
<tr>
<td>2.</td>
<td>UT Wellness Office</td>
<td>Registration, and fair information</td>
</tr>
<tr>
<td>3.</td>
<td>UT Commission for Women</td>
<td>General Information</td>
</tr>
<tr>
<td>4.</td>
<td>UTMC Women's Health Services</td>
<td>Information about services</td>
</tr>
<tr>
<td>5.</td>
<td>Thompson Cancer Survival Center</td>
<td>Provide diet and cancer prevention information</td>
</tr>
<tr>
<td>6.</td>
<td>American Red Cross</td>
<td>Safety and first aid demonstrations and information</td>
</tr>
<tr>
<td>7.</td>
<td>American Business Women's Association</td>
<td>Membership benefits</td>
</tr>
<tr>
<td>8.</td>
<td>American Diabetes Association</td>
<td>Educational material about symptoms, treatment, and maintenance</td>
</tr>
<tr>
<td>9.</td>
<td>Lupus Foundation of America</td>
<td>Information and resources on Lupus</td>
</tr>
<tr>
<td>10.</td>
<td>Superior Home Health Care</td>
<td>Provide information on alternative health care</td>
</tr>
<tr>
<td>11.</td>
<td>AIDS Response Knoxville (a.R.K.)</td>
<td>Provide information on women and AIDS</td>
</tr>
<tr>
<td>12.</td>
<td>YWCA</td>
<td>Provide information on programs</td>
</tr>
<tr>
<td>13.</td>
<td>Sexual Assault Crisis Center</td>
<td>Provide information on sexual assault awareness</td>
</tr>
<tr>
<td>14.</td>
<td>Mountain View Recovery Center</td>
<td>Display on chemical dependency and eating disorder programs</td>
</tr>
<tr>
<td>15.</td>
<td>UT Bookstore</td>
<td>Display books about women's health issues</td>
</tr>
<tr>
<td>16.</td>
<td>St. Mary's Center for Obsessive Patterns of Eating (C.O.P.E.)</td>
<td>Provide information on services and programs for eating disorders</td>
</tr>
<tr>
<td>17.</td>
<td>UT Fertility Center</td>
<td>Information on services</td>
</tr>
<tr>
<td>18.</td>
<td>Knox County Health Department</td>
<td>Provide information on sexually transmitted diseases</td>
</tr>
<tr>
<td>19.</td>
<td>Serenity Shelter</td>
<td>Provide information on shelter for battered women and their children</td>
</tr>
<tr>
<td>20.</td>
<td>Aerobex</td>
<td>Provide information on exercise programs</td>
</tr>
<tr>
<td>21.</td>
<td>UTMC Codependency Program</td>
<td>Provide information on codependency and substance abuse programs</td>
</tr>
<tr>
<td>22.</td>
<td>Total Image</td>
<td>Provide information on personal and professional image</td>
</tr>
<tr>
<td>23.</td>
<td>UT Food Services and Commission for Women</td>
<td>Provide refreshments and a healthy snack</td>
</tr>
<tr>
<td>24.</td>
<td>Planned Parenthood</td>
<td>Provide information on birth control</td>
</tr>
</tbody>
</table>
### Women's Health Fair

**Featured Events**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter/Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 - 10:30</td>
<td>Planning Your Financial Independence</td>
<td>Rosemary Gilliam Claiborne, Crest Room</td>
</tr>
<tr>
<td>10:30 - 11:00</td>
<td>Elegant and Easy Dining</td>
<td>Anne Bone, Friedman's Microwave, Crest Room</td>
</tr>
<tr>
<td>11:30 - 12:00</td>
<td>Tae Kwon Do Demonstration</td>
<td>James Rich, Head Instructor, Ballroom Stage</td>
</tr>
<tr>
<td>12:00 - 12:45</td>
<td>Fashion Show</td>
<td>Nancy Lynn Fashions, Ballroom Stage</td>
</tr>
<tr>
<td>1:00 - 1:30</td>
<td>Aerobics Demonstration</td>
<td>Wendy Gulliame, Aerobex - Fort Sanders</td>
</tr>
<tr>
<td>1:30 - 2:00</td>
<td>Martial Arts/Dance</td>
<td>UT International House, Ballroom Stage</td>
</tr>
<tr>
<td>2:00 - 2:30</td>
<td>Color Me Beautiful</td>
<td>Elizabeth Potter-Painter, The Image Institute</td>
</tr>
</tbody>
</table>
CELEBRATING WOMEN

FIRST ANNUAL WOMEN'S HEALTH FAIR

EVALUATION FORM

WE NEED YOUR HELP! Please take a couple of minutes to let us know how you felt about the booths presented. Turn in the evaluation form with the entry ticket found below before you leave. THANKS!

<table>
<thead>
<tr>
<th>Hey, I liked this one!</th>
<th>OK, but could have been more effective.</th>
<th>Don't display next year</th>
<th>Comments</th>
</tr>
</thead>
</table>

**BOOTH**
- Knox Rescue Squad
- Commission for Women
- UTMC Women's Health Services
- Thompson Cancer Survival Center
- American Red Cross
- Amer. Diabetes Assoc.
- Lupus Foundation
- Superior Home Health
- AIDS Response Knoxville
- YWCA
- Sexual Assault Crisis Cntr
- Mountain View Recov. Cntr
- UT Bookstore
- St. Mary's C.O.P.E.
- UT Fertility Center
- Knox Cty Health Dept
- Serenity Shelter
- Aerobex
- UTMC Co-Dependency Program
- Total Image
- Planned Parenthood

**Special Events**
- Financial Planning
- Elegant and Easy Dining
- Tae Kwon Do Demo
- Fashion Show
- Aerobex
- Martial Arts/Dance
- Color Me Beautiful

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DETACH HERE

ENTRY FORM FOR DOOR PRIZES

NAME___________________________ PHONE NUMBER________________
LOCAL ADDRESS__________________________________________________