

Presenter: Simone Stewart, M.Ed., CCSP, GCDF

Topic: Combating Intersection-Related Imposter Phenomenon in the Workplace Through Career Readiness

Date: Saturday, February 2, 2019 at Black Issues Conference - The University of Tennessee

Time: 50 minutes/ 10:00am-4:00pm

Location: Student Union Auditorium

Disciplines: All disciplines are welcome. This workshop would fit into the following sections: State of Black Men, Power of Black Female Leadership, Mental Health

Program Abstract/Summary:

Research has determined that Imposter Phenomenon (IP) most likely occurs in members of minority groups, students, first generation professionals and persons for whom success came quickly. Other studies have shown that many professional women are One of the ways to combat IP is through the development of competencies needed in your career. Attend this workshop to learn how to develop strategies to approach career competency while on campus and throughout your career to keep you on top of your game!

Learning Objectives: *By the end of this workshop, students will be able to:*

1. Define Imposter Phenomenon (IP), identify at least three symptoms of IP, and discuss implications on work performance.
 2. List and define the NACE Career Readiness Competencies.
 3. Recall services available through the Center for Career Development to strengthen career competencies.
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Activities (including time estimates for each):

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| ● Introduction | 5 minutes |
| ● Overview of Imposter Phenomenon and the Effects of Work Performance | 10 minutes |
| ● Individual Activity: My Symptom(s) and Reason(s) | 5 minutes |
| ● Recommendations for Overcoming IP | 5 minutes |
| ● Career Readiness Competencies and their role in overcoming IP | 5 minutes |
| ● Role of the Center for Career Development | 5 minutes |
| ● Activity: Career Competency Goal and Career Services Available | 5 minutes |
| ● Question and Answer Session | 10 minutes |
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Materials (including audio/visual equipment):

- Overhead/Screen
 - Laptop for PowerPoint Presentation
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