

Reducing hospital related complications with hourly rounding focused on pain, potty, position and presence.

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Abstract

Problem statement and background

Hospital related injuries and complications are a major concern in health care. Current policies and tightening financial constraints make it more important than ever to find the most efficient methods to decrease hospital related complications. One of the strategies for increasing patient safety and satisfaction as well as decreasing hospital costs is an hourly rounding initiative with focus on the 4 P's (pain, potty, position, presence). This topic is receiving increased focus from hospital systems because of its potential for many positive outcomes including: decreased number of non-emergency call lights, reducing staff stress levels, reduced hospital related complications, increased satisfaction rates and significant financial savings.

Purpose

The purpose of this project is to explore the merit of an hourly rounding schedule centered on the 4 P's. This project will review the specific impacts on patient satisfaction, patient safety and costs from hospital related injuries.

Conclusions—Recommendations for practice

Although limited, the data suggest this protocol has shown great promise to improve patient safety and satisfaction while also lowering hospital costs specifically related to falls and pressure ulcers. Hourly rounding with focus on the 4 P's certainly merits additional research.