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## The use of the ethnonursing qualitative research method to study culture care

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# The Use of the Ethnonursing Qualitative Research Method to Study Culture Care, Cultural Competence, and Culturally Congruent Care



## Ethnonursing Research Method

- Developed to study transcultural human care phenomena using the Culture Care Theory.
- Open, largely inductive process of discovery.
- Document, describe, understand, and interpret people's care meanings & lifeways
- Researcher functions as co-participant with informants to discover how people experience and practice care in their daily lives.
- Observation, participation & reflection with participants throughout the research process.

## Ethnonursing Qualitative Criteria

- Credibility - Emic stories over time
- Confirmability – Reflection with informants
- Meaning-in-context
- Recurrent Patterning – care patterns recur
- Saturation – Redundancy
- Transferability – for people in context



**Generic Care** – Folk/Lay care. Traditional-based. People/informants way of knowing.

**Professional Care** – Formally taught & learned care. Professional nurses' way of knowing.

**Culture Care** – Conceptual, global, cognitively learned & transmitted professional & indigenous folk values, beliefs, & patterned lifeways.

**Culturally Congruent Care** – Care acts & decisions that fit with people's lifeways to support satisfying health care and promote well being or dignified death.

**Cultural Competence** – is reflected through the provision of culturally congruent care.

## Leininger's 4 Phases of Ethnonursing Analysis for Qualitative Data:

1. Collecting, describing, and documenting raw data.
2. Identification and categorization of descriptors and components.
3. Pattern and contextual analysis.
4. Major themes, research findings, theoretical formulations, and recommendations.

## Transcultural Care Decisions and Actions

### **Culture Care Preservation/Maintenance**

Those assistive, supporting, facilitative, or enabling professional actions and decisions that help cultures to **retain, preserve, or maintain** beneficial care beliefs and values or to face handicaps or death.

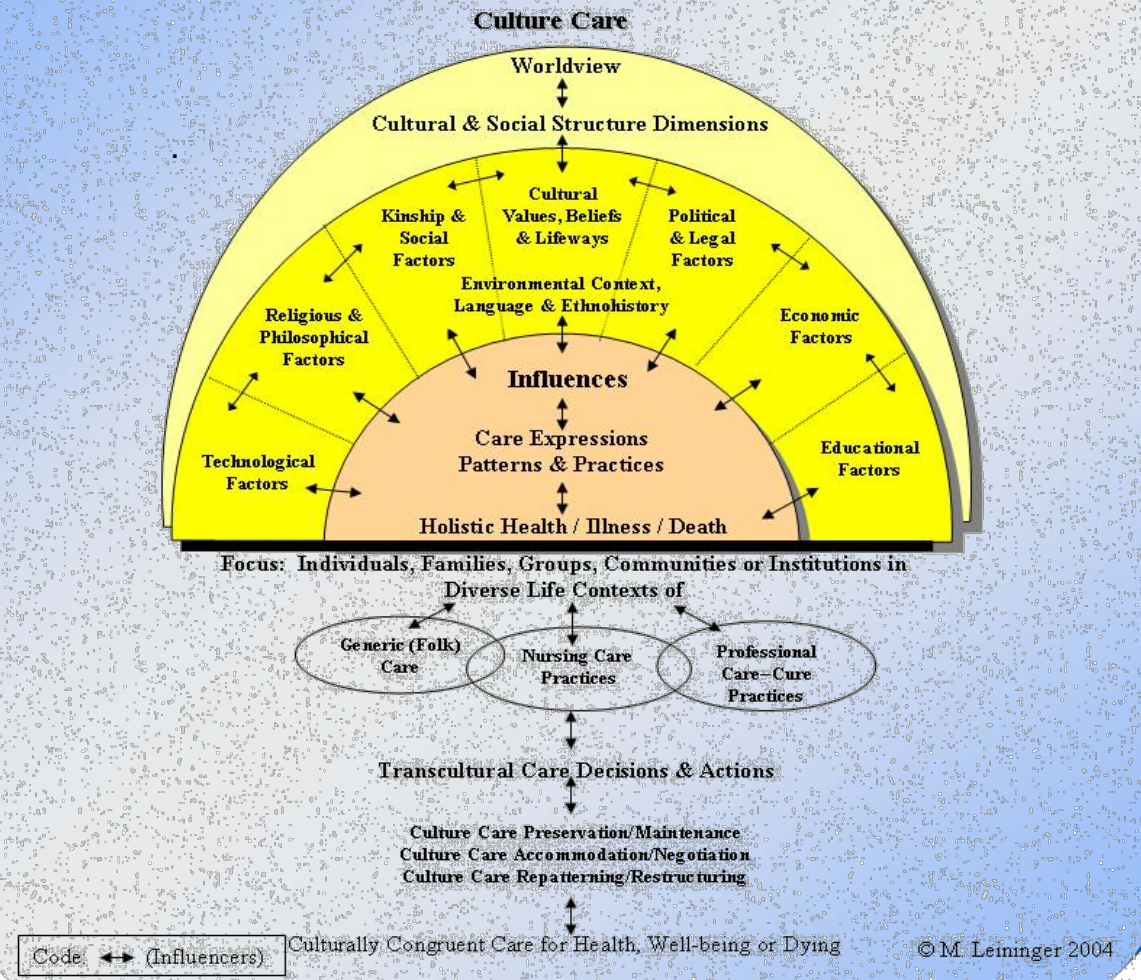
### **Culture Care Accommodation/Negotiation**

Those assistive accommodating, facilitative or enabling creative provider care actions or decisions that help cultures **adapt to or negotiate with** others for culturally congruent, safe, and effective care for their health, wellbeing, or to deal with illness or dying.

### **Culture Care Repatterning/Restructuring**

Those assistive, supportive, facilitative, or enabling professional actions and mutual decisions that would help people to **reorder, change, or modify, or restructure** their lifeways and institutions for better (or beneficial) health care patterns, practices, or outcomes. (Leininger, 2006, p. 8)

## Leininger's Sunrise Enabler To Discover Culture Care Cognitive Map of the Culture Care Theory



## Care Constructs

**Five Decades TCN research – discovery of 175 Care constructs from 58 cultures.**

### **Care Construct Examples:**

- |           |                   |
|-----------|-------------------|
| Respect   | Spiritual healing |
| Loving    | Collective care   |
| Listening | Wellbeing         |

## Research Examples - Handouts

- Nursing Faculty Teaching Culture Care
- Lebanese and Syrian Culture Care
- Care of Elders from Diverse Cultures

## Future Directions

Theory and method contribution to discipline knowledge and nursing practice, education, research, and administration worldwide:

- Development of meta-ethnonursing method for metasynthesis for culture care findings.
- Integration of culture care into primary nursing practice, nursing curricula & workforce diversity.



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