

Table 1. Factor Loadings for the Unmodified Weight Based Psychological Aggression Measure

Item	Factor 1	Factor 2	Factor 3	Factor 4
1. My partner has told me that I am too fat or too thin.	.59	.01	.30	.04
3. My partner has pressured me to lose or change my weight.	.92	-.10	.12	-.03
5. My partner makes me feel guilty about my weight.	.58	.29	.03	-.15
7. My partner has pressured me to be thin.	.96	.03	-.20	.06
9. When my partner and I argue or disagree, my partner readily says something negative about my weight or lack of fitness to get back at me.	-.009	.65	.68	-.01
11. When my partner is having trouble persuading me about something, they will attack my weight or lack of fitness.	.34	.65	-.06	.14
13. To help win an argument, my partner will say something negative to me about my weight or lack of fitness.	.41 ^a	.61	.03	-.03
15. When I insult my partner, he/she won't hesitate to say something mean about my weight or lack of fitness.	-.001	.67	.05	.40
17. My partner likes making fun of my weight or lack of fitness when I insult them.	.01 ^b	-.03	.68	.67
19. My partner has withheld physical intimacy because of my weight.	-.02	.38	-.03	.60
21. My partner has pressured me to change my weight with threats of ending the relationship.	.03 ^a	.09	.56	.49
23. My partner compares my body to the bodies of TV and movie stars.	.14 ^c	.04	-.05	.14

